

National CC Relays 6th December 2003 - Young Females Results

	Stage 1		Stage 2		Stage 3	
1 City of Glasgow "A"	Josephine Moultrie	1	Rebecca Finch	1	Jennifer Emsley	1
	10:24	10:24	20:35	10:11	31:05	10:30
2 City of Glasgow "B"	Laura Cameron	2	Louise Leadbetter	2	Laura MacPherson	2
	10:34	10:34	20:49	10:15	31:24	10:35
3 Kilbarchan AAC "A"	Dani Smith	10	Eilidh Menzies	5	Cara Sloss	3
	11:16	11:16	21:43	10:27	31:55	10:12
4 Pitreavie AAC "A"	Stacey Louch	12	Ashleigh Murray	3	Melanie Thomson	4
	11:18	11:18	21:21	10:03	32:04	10:43
5 Lothian RC "A"	Sarah Inglis	8	Jemma Toner	4	Laura Bann	5
	11:11	11:11	21:42	10:31	32:38	10:56
6 Edin Woollen Mill "A"	Alice Loudon	15	Roslyn Campbell	7	Emily Finnie	6
	11:28	11:28	22:03	10:35	33:01	10:58
7 City of Glasgow "C"	Stephanie Cameron	3	Megan Phillips	11	Joanne Finch	7
	10:40	10:40	22:26	11:46	33:08	10:42
8 Giffnock North "A"	Nicole McLeod	5	Sarah Phee	6	Frances McCluskey	8
	10:51	10:51	21:46	10:55	33:24	11:38
9 Giffnock North "B"	Rachel McDowall	7	Laura Taylor	9	Kerry McGee	9
	11:06	11:06	22:14	11:08	33:29	11:15
10 Edin Woollen Mill "B"	Anna Seago	13	Catriona Sinclair	10	Debbie Ogden	10
	11:26	11:26	22:17	10:51	33:54	11:37
11 Lasswade AAC "A"	Erin Froude	17	Alexandra Benham	14	Jenny Sheal	11
	11:33	11:33	22:35	11:02	33:54	11:19
12 Nithsdale AC "A"	Naomi Smith	11	Nicola Hood	8	Victoria Currie	12
	11:16	11:16	22:08	10:52	34:17	12:09
13 Larkhall YMCA "A"	Sarah Archibald	16	Lauren Hollinshead	15	Christina Whitelaw	13
	11:28	11:28	23:03	11:35	34:28	11:25
14 Pitreavie AAC "B"	Levi Young	29	Siobhan Coleman	12	Elaine Renouf	14
	12:27	12:27	22:28	10:01	34:58	12:30
15 City of Glasgow "D"	Paula Donnelly	24	Helen Sweeney	16	Susanne Maxwell	15
	11:55	11:55	23:26	11:31	35:18	11:52
16 Giffnock North "C"	Anna Hilley	18	Amy Bissland	19	Tracy Smith	16
	11:35	11:35	23:40	12:05	35:34	11:54
17 Giffnock North "E"	Jaymee McConville	25	J McPherson	20	Lauren Baird	17
	12:00	12:00	24:06	12:06	35:41	11:35
18 Giffnock North "D"	Catriona Lockie	30	Ruth Joss	24	Fiona McKay	18
	12:27	12:27	24:22	11:55	35:51	11:29
19 Kilbarchan AAC "B"	Lauren Young	20	Laura Kennedy	18	Katherine Wilkie	19
	11:38	11:38	23:35	11:57	36:07	12:32
20 Lothian RC "B"	Mhairi Inglis	19	Kathleen Dempsey	26	Ashley Toner	20
	11:35	11:35	24:47	13:12	36:15	11:28
21 Kirkintilloch Oly "A"	Jennifer Hannah	23	Courtney MacGuire	21	Jenna Witchell	21
	11:53	11:53	24:07	12:14	36:49	12:42
22 Lasswade AAC "B"	Emma Gordon	26	Ashley Alexander	27	Ashleigh Kennedy	22
	12:01	12:01	24:59	12:58	36:59	12:00
23 JW Kilmarnock "A"	Shelby Hollas	28	Colleen Tate	23	Kara Tate	23
	12:18	12:18	24:21	12:03	37:33	13:12
24 Kilbarchan AAC "C"	Michelle Bell	32	Jillian Allan	28	Fiona McIntyre	24
	12:51	12:51	25:18	12:27	37:41	12:23
25 Giffnock North "F"	Claire McCluskey	33	Rachel Pike	29	Amanda Patterson	25
	13:07	13:07	26:06	12:59	37:59	11:53

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26 Kilbarchan AAC "E"	Kirsty Nisbet	31	Nicole Treacy	30	Linzi Milton	26
	12:46	12:46	26:11	13:25	39:16	13:05
27 Kilbarchan AAC "D"	Vhairi Toole	27	Kirsty Reid	25	Louise Baxter	27
	12:05	12:05	24:33	12:28	39:34	15:01
East Kilbride AAC "A"	Beth Duff	6	Zoe Martinelli	13		
	10:55	10:55	22:31	11:36		
Moray Road Runners "A"	Laura Sharp	4	Rachel Pirie	17		
	10:44	10:44	23:31	12:47		
City of Glasgow "E"	Lucinda Logan	22	Elaine Taggart	22		
	11:51	11:51	24:14	12:23		
JW Kilmarnock "B"	Sally Pugh	34	Kirsty Mcculloch	31		
	13:52	13:52	26:39	12:47		
Kirkintilloch Oly "B"	Rebecca MacLennan	35	Sarah MacLennan	32		
	14:51	14:51	28:16	13:25		
JW Kilmarnock "C"	Mia Tate	36	Karen Wilson	33		
	15:06	15:06	28:40	13:34		
Aberdeen AAC "A"	Chantel Clark	9				
	11:14	11:14				
Aberdeen AAC "B"	Chirstie Noble	14				
	11:28	11:28				
Larkhall YMCA "B"	Jodie Frame	21				
	11:47	11:47				

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	Stage 1		Stage 2		Stage 3	
1 Central AC "A"	Matthew Gillespie	1	Michael Gillespie	1	Michael Wright	1
	9:21	9:21	18:25	9:04	27:11	8:46
2 City of Edinburgh "A"	Chris O'Hare	2	Craig McInnes	2	Kris Gauson	2
	9:36	9:36	18:35	8:59	27:12	8:37
3 Kilbarchan AAC "A"	Scott MacAulay	6	Derek Hawkins	3	Ross Toole	3
	10:14	10:14	19:01	8:47	27:54	8:53
4 Aberdeen AAC "A"	James Joy	9	Mark Haskett	6	Darren Shinnie	4
	10:16	10:16	19:25	9:09	27:58	8:33
5 Shettleston Harriers "A"	Ruairidh Munro	5	Christopher McGarrity	5	Gordon Phillips	5
	10:10	10:10	19:25	9:15	28:33	9:08
6 Kilbarchan AAC "B"	Stuart King	18	Andrew G Gibson	9	Chris Devenney	6
	10:36	10:36	19:52	9:16	28:39	8:47
7 Ron Hill Cambus "A"	Stephen Taggart	3	Ryan Dickson	7	Stephen Dunn	7
	10:09	10:09	19:46	9:37	28:40	8:54
8 City of Edinburgh "B"	Jonathon Wolf	4	Darren Steel	4	Chris Black	8
	10:10	10:10	19:24	9:14	28:53	9:29
9 Corstorphine AAC "A"	Frazer Scott	10	Calum McKenzie	8	Douglas Selman	9
	10:18	10:18	19:47	9:29	28:54	9:07
10 Giffnock North "A"	Steven Gray	19	Douglas Bale	11	David Phee	10
	10:40	10:40	20:05	9:25	29:16	9:11
11 Ron Hill Cambus "C"	A Cuthbert	14	Andrew Robertson	13	Andrew Greenhaugh	11
	10:31	10:31	20:26	9:55	29:19	8:53
12 Kilbarchan AAC "C"	Andrew McAlpine	23	Scott Hawkins	10	Kyle Toole	12
	10:48	10:48	19:56	9:08	29:23	9:27
13 Shettleston Harriers "B"	Gary McBride	24	Mark McKelvie	12	Craig Stevenson	13
	10:48	10:48	20:26	9:38	29:39	9:13
14 Irvine AC "A"	Ryan McDonald	13	William Morgan	14	Stephen Daye	14
	10:28	10:28	20:29	10:01	29:42	9:13
15 Moray Road Runners "A"	Conor Cowie	28	Steven Houston	24	Mark Mitchell	15
	10:57	10:57	21:01	10:04	29:56	8:55
16 East Kilbride AAC "A"	John Fergusson	7	Niall Walker	16	Graeme Caskie	16
	10:14	10:14	20:34	10:20	30:00	9:26
17 Greenock Glenpark "A"	Craig Davies	33	Stephen Cooke	19	Jason McCall	17
	11:09	11:09	20:46	9:37	30:05	9:19
18 Pitreavie AAC "A"	Darren Lowe	31	Douglas Newsom	22	Ewan Simpson	18
	11:01	11:01	20:53	9:52	30:05	9:12
19 Lasswade AAC "A"	Martin Brash	26	Paul Benham	15	Ross Finlayson	19
	10:52	10:52	20:29	9:37	30:16	9:47
20 Falkirk Victoria H "A"	Jonathan Campbell	11	Brian Kay	18	Christopher Douglas	20
	10:18	10:18	20:45	10:27	30:22	9:37
21 Giffnock North "C"	Paul Bainbridge	22	Ross McLearn	17	Alistair Booth	21
	10:46	10:46	20:44	9:58	30:26	9:42
22 Irvine AC "B"	Nicholas Emsley	38	Daniel Swanson	23	Ronnie Ballantyne	22
	11:20	11:20	20:54	9:34	30:26	9:32
23 Moray Road Runners "B"	Josh Davidson	35	Kenneth Wilson	28	Kyle Cowie	23
	11:14	11:14	21:32	10:18	30:39	9:07
24 Greenock Glenpark "B"	Martin Paton	37	Craig Williams	21	Stephen Trainer	24
	11:18	11:18	20:51	9:33	30:43	9:52
25 Ron Hill Cambus "B"	Craig Fellows	32	Raymond Black	30	David Ward	25
	11:09	11:09	21:43	10:34	30:49	9:06
26 Kirkintilloch Oly "A"	Matthew Graham	27	Alan Ramsay	20	Adam Janeczko	26
	10:53	10:53	20:49	9:56	31:08	10:19

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27 George Heriots "A"	Roger Poolman	16	Hugh Brechin	25	James McLay	27
	10:36	10:36	21:07	10:31	31:30	10:23
28 Clydesdale Harriers "A"	Bryden Ennis	46	Craig Young	35	Robert Allison	28
	12:20	12:20	22:35	10:15	31:39	9:04
29 Shettleston Harriers "C"	Martin Barnett	25	Kristofer McMeekin	27	Paul Grant	29
	10:48	10:48	21:23	10:35	31:42	10:19
30 JW Kilmarnock "A"	Mathew Dailly	8	Jamie Martin	29	Steven Mcneill	30
	10:16	10:16	21:37	11:21	32:16	10:39
31 Lothian RC "A"	Robert Inglis	12	Scott Robertson	31	Tyrone Watson	31
	10:21	10:21	21:59	11:38	32:20	10:21
32 East Kilbride AAC "B"	David Gorman	15	Adam Martinelli	26	James Lamont	32
	10:35	10:35	21:12	10:37	32:50	11:38
33 Lasswade AAC "B"	Mark Baxter	29	Scott Anderson	32	Colin Swan	33
	10:59	10:59	22:10	11:11	32:52	10:42
34 Giffnock North "D"	S Smith	47	Daniel Johnstone	39	Douglas Rathey	34
	12:30	12:30	23:16	10:46	32:55	9:39
35 Corstorphine AAC "B"	Sean Malcolm	42	Neal Robb	40	Callum Fletcher	35
	12:03	12:03	23:23	11:20	33:05	9:42
36 George Heriots "B"	James Mildred	43	Jonathon Neville	38	Craig Wilson	36
	12:14	12:14	23:04	10:50	33:30	10:26
37 Calderglen H "A"	Jamie Ferguson	36	Graeme Robertson	41	William Robertson	37
	11:18	11:18	23:48	12:30	33:59	10:11
38 George Heriots "C"	Benjamin Mildred	48	Rory Downie	42	Luke Yates	38
	12:45	12:45	24:14	11:29	34:58	10:44
39 George Heriots "D"	Mark Shand	51	Lewis Just	47	Peter MacRae	39
	13:03	13:03	24:59	11:56	35:15	10:16
40 JW Kilmarnock "B"	David Jarvis	39	Jamie Hannah	36	Stuart Munro	40
	11:26	11:26	22:49	11:23	35:42	12:53
41 George Heriots "E"	Sam Twist	50	Graham Dickson	46	Iain Batho	41
	12:54	12:54	24:47	11:53	35:57	11:10
Kilbarchan AAC "D"	Mark Docherty	40	Mark McGovern	34		
	11:39	11:39	22:14	10:35		
Kirkintilloch Oly "B"	Neill Hamilton	30	Kevin Cornes	33		
	10:59	10:59	22:14	11:15		
Inverclyde AC "A"	Dean Girvan	41	Andrew Ross	37		
	12:02	12:02	23:02	11:00		
Inverclyde AC "B"	Scott Smith	44	Jonathan Bannister	43		
	12:18	12:18	24:15	11:57		
Ron Hill Cambus "D"	Scott McDonald	52	C Carr	44		
	13:44	13:44	24:26	10:42		
JW Kilmarnock "C"	David Clark	49	David Meikle	45		
	12:52	12:52	24:44	11:52		
Clydesdale Harriers "B"	David Brown	45	Matthew McSorley	48		
	12:19	12:19	25:08	12:49		
Kilbarchan AAC "E"	Callum Hawkins	17				
	10:36	10:36				
City of Edinburgh "C"	Shaun Devenney	20				
	10:42	10:42				
City of Edinburgh "D"	Stuart McKemmie	21				
	10:44	10:44				
Kilbarchan AAC "F"	Jamie Milton	34				
	11:12	11:12				

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	Stage 1		Stage 2		Stage 3	
1 City of Glasgow "A" (V)	Eileen Lang	2	Jacqueline Thomson	3	Susan Finch	1
	15:27	15:27	32:40	17:13	48:46	16:06
2 Lothian RC "A"	Christine Milne	5	Gillian Godfree	6	Helen Murray	2
	16:22	16:22	33:36	17:14	50:00	16:24
3 Central AC "A"	Fiona Thompson	15	Hazel Dean	4	Jane Mccrorie	3
	17:01	17:01	33:25	16:24	50:06	16:41
4 JW Kilmarnock "A"	Lindsay McMahon	12	Allison Higgins	2	Janet Murray	4
	16:46	16:46	32:39	15:53	50:13	17:34
5 Gala Harriers "A" (V)	Patricia Affleck	7	Laura Howie	7	Suzanne Carson	5
	16:24	16:24	34:03	17:39	50:27	16:24
6 Hunters Bog T "A"	Isobel Knox	19	Claire Gordon	14	Megan Clark	6
	17:30	17:30	34:47	17:17	50:36	15:49
7 Edin Woollen Mill "A" (V)	Violet Blair	28	Karen Dobbie	16	Susan Ridley	7
	18:32	18:32	35:49	17:17	51:23	15:34
8 Giffnock North "A"	Shona Hughes	9	Jane Dobson	9	Doleen Galbraith	8
	16:28	16:28	34:20	17:52	51:27	17:07
9 City of Edinburgh "A"	Eilidh Wardlaw	18	Lianne Harrison	13	Catherine Ferrie	9
	17:09	17:09	34:40	17:31	51:35	16:55
10 City of Glasgow "B"	Kirsteen Young	11	Laura Thomson	8	Kirsty Baird	10
	16:38	16:38	34:16	17:38	52:00	17:44
11 EZ Carnegie "A"	Fabienne Thompson	20	Tracey Stamp	18	Sarah Legge	11
	17:48	17:48	36:01	18:13	53:20	17:19
12 Gala Harriers "B"	Rachael Fagan	16	Katy Anderson	12	Angela Foss	12
	17:02	17:02	34:36	17:34	53:36	19:00
13 Central AC "B"	Claire Waterhouse	17	Ainsley Normand	11	Mary Kerr	13
	17:02	17:02	34:30	17:28	54:24	19:54
14 Strathclyde Uni "A"	Michelle Sandison	6	Eilidh Forster	5	Claire Prenter	14
	16:22	16:22	33:35	17:13	54:29	20:54
15 Clydesdale Harriers "A"	Aileen Scott	14	Pamela McCrossan	15	Nicola J. Meikle	15
	16:58	16:58	35:17	18:19	54:40	19:23
16 Calderglen H "A"	Melanie Fraser	23	Catriona Kerr	17	Stacey Anne Erwin	16
	18:11	18:11	35:56	17:45	55:08	19:12
17 Livingston & Dist "A"	Avril Gardner	8	Yvonne Crilly	22	Amie Booth	17
	16:25	16:25	36:38	20:13	55:16	18:38
18 Giffnock North "B"	Maureen McVey	22	Patricia Macleod	21	Sylvia Campbell	18
	17:54	17:54	36:36	18:42	55:24	18:48
19 Garscube H "A"	Heather Akers	25	Judith Austin	20	Maureen Mcleod	19
	18:16	18:16	36:31	18:15	55:50	19:19
20 Fife AC "B"	Johanna Panaanen	26	Cat Basile	24	Mel Vickers	20
	18:17	18:17	37:41	19:24	56:03	18:22
21 Springburn Harriers "A"	Clare Gemmell	10	Carole McInnes	10	Julie Corner	21
	16:36	16:36	34:24	17:48	57:06	22:42
22 Westerlands CCC "A"	Liz Horton	32	Muffy Calder	26	Elspeth Scott	22
	18:53	18:53	38:14	19:21	57:09	18:55
23 Lothian RC "B"	Laura Sarkis	24	Saran Jones	23	Marsie Ewing	23
	18:15	18:15	37:31	19:16	57:13	19:42
24 City of Edinburgh "B"	Joanne Whitehead	21	Sharyn Ramage	28	Gillian Hislop	24
	17:52	17:52	39:21	21:29	57:22	18:01
25 Hunters Bog T "C" (V)	Deborah McDonald	27	Janice Smith	19	Niamh Troy	25
	18:22	18:22	36:27	18:05	57:42	21:15
26 JW Kilmarnock "B" (V)	Paula Wilson	30	Rosemary McMillan	27	Morag Cairns	26
	18:34	18:34	38:32	19:58	59:19	20:47

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27 Hunters Bog T "B"	Jane Rosbottom	29	Christine Buckley	25	Sandra Rathjen	27
	18:32	18:32	37:50	19:18	59:33	21:43
28 Fife AC "A" (V)	Margaret McLaren	31	Eliza McLachlan	29	Sandra Aitken	28
	18:44	18:44	39:29	20:45	1:01:25	21:56
29 Calderglen H "B"	Katrina Stewart	34	Pamela Allan	31	Mandy Cullie	29
	20:22	20:22	42:03	21:41	1:03:58	21:55
Carnethy HRC "A"	Lyn Wilson	3	Kate Jenkins	1		
	15:31	15:31	32:10	16:39		
Gala Harriers "C" (V)	Karen Renton	36	Eileen Nicol	30		
	20:40	20:40	40:33	19:53		
Penicuik Harriers "A"	Rachael Campbell	37	Anna Graham	32		
	20:54	20:54	43:56	23:02		
Edin Woollen Mill "B"	Hayley Ovens	1				
	15:12	15:12				
Kilbarchan AAC "A"	Dennise Smith	4				
	16:06	16:06				
Aberdeen AAC "A"	Sonia Armitage	13				
	16:57	16:57				
Kirkintilloch Oly "A"	Ada Stewart	33				
	19:01	19:01				
Lothian RC "C"	Janet Grigor	35				
	20:37	20:37				
Westerlands CCC "B" (V)	Patricia McLaughlin	38				
	22:26	22:26				

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	Stage 1		Stage 2		Stage 3		Stage 4	
1 Ron Hill Cambus "A"	John Brown	9	Stephen Wylie	2	Andrew Wright	1	Jamie Reid	1
	13:28	13:28	26:30	13:02	40:20	13:50	53:48	13:28
2 Central AC "A"	Alastair Hay	10	Ewan Gault	13	Alasdair Anthony	6	Robert Russell	2
	13:31	13:31	27:32	14:01	41:05	13:33	54:09	13:04
3 Shettleston Harriers "A"	Martin Graham	1	William Coyle	4	Adrian Callan	3	Jethro Lennox	3
	13:03	13:03	26:47	13:44	40:54	14:07	54:14	13:20
4 Inverclyde AC "A"	Thomas Murray	15	Steven Conaghan	9	William Tipping	2	Mark Pollard	4
	13:48	13:48	27:15	13:27	40:51	13:36	54:15	13:24
5 Aberdeen AAC "A"	Iain Donnan	5	Benjamin Hukins	3	David Burlton	4	Malcolm Beattie	5
	13:15	13:15	26:39	13:24	40:57	14:18	54:42	13:45
6 Ron Hill Cambus "B"	Duncan Cochrane	13	Iain MacCorquodale	7	John Cowan	7	Iain Reid	6
	13:39	13:39	27:10	13:31	41:07	13:57	54:57	13:50
7 Fife AC "A"	Christopher Russell	20	Graham Bee	10	Quentin Reave	11	Andrew Liston	7
	13:54	13:54	27:16	13:22	41:47	14:31	54:59	13:12
8 Corstorphine AAC "A"	Steven O'Brien	18	Moray Anderson	17	Chris O'Brien	14	Kris Berry	8
	13:53	13:53	27:50	13:57	42:00	14:10	55:29	13:29
9 Kilbarchan AAC "A"	James Snodgrass	28	Robert Quinn	8	Thomas Hearle	8	Calum Morrison	9
	14:08	14:08	27:12	13:04	41:10	13:58	55:40	14:30
10 Clydesdale Harriers "A"	Mark Rudzinski	6	James Austin	18	Michael Diver	21	Graeme Reid	10
	13:21	13:21	28:06	14:45	42:59	14:53	55:44	12:45
11 Victoria Park AAC "A"	Kristian Forster	8	Derek Watson Jnr.	5	Alastair Douglas	9	Stuart Barnett	11
	13:28	13:28	26:52	13:24	41:15	14:23	55:54	14:39
12 Irvine AC "A"	David Millar	7	William Richardson	1	George Irving	5	Brian Craig	12
	13:24	13:24	26:29	13:05	40:58	14:29	56:07	15:09
13 Greenock Glenpark "A"	Robert Docherty	14	David Butcher	15	C McCall	12	Stephen McLoone	13
	13:46	13:46	27:41	13:55	41:54	14:13	56:21	14:27
14 Kirkintilloch Oly "A"	David Gardiner	2	Chris Stewart	11	Stuart Kerr	10	Edward McLoone	14
	13:09	13:09	27:19	14:10	41:16	13:57	56:23	15:07
15 City of Edinburgh "A"	Darren Gauson	4	Rob Hooton	6	Andrew Laycock	13	Martin Ferguson	15
	13:13	13:13	27:06	13:53	41:59	14:53	56:27	14:28
16 Lothian RC "A"	Graeme Ackland	22	Tim Lenton	19	Brian Turner	17	Scott Fraser	16
	14:00	14:00	28:08	14:08	42:30	14:22	56:46	14:16
17 Falkirk Victoria H "A"	Michael Ross	25	Kerr Johnstone	22	Alasdair H. Stewart	16	Andrew Ronald	17
	14:06	14:06	28:24	14:18	42:21	13:57	56:59	14:38
18 Ron Hill Cambus "C" (V)	Ross Arbuckle	11	Alexander Robertson	14	Francis Hurley	19	Frank Barton	18
	13:32	13:32	27:35	14:03	42:43	15:08	57:09	14:26
19 Dundee Hawkhill "A"	Michael Carroll	12	Joe Symonds	16	David MacDonald	18	Neil Gunstone	19
	13:32	13:32	27:42	14:10	42:37	14:55	57:20	14:43
20 Pitreavie AAC "A"	John Newsom	3	Stephen Irwin	12	Cameron Watson	15	Douglas Smith	20
	13:10	13:10	27:27	14:17	42:02	14:35	57:20	15:18
21 Central AC "B"	Ross Houston	17	Alex Milne	21	Lewis Millar	20	Steve Laing	21
	13:50	13:50	28:17	14:27	42:57	14:40	57:43	14:46
22 JW Kilmarnock "A"	Edward Tonner	16	Keith Haining	20	Paul McArthur	23	Iain Connell	22
	13:50	13:50	28:16	14:26	43:25	15:09	57:56	14:31
23 Corstorphine AAC "B"	Scott Bisset	26	Scott Pilkington	26	Bryan Clark	22	Keith Hood	23
	14:07	14:07	28:52	14:45	43:16	14:24	58:00	14:44
24 Perth Road Runners "A"	Colin Glencorse	47	Jamie Gartside	42	David Knight	33	Alex Van Der Meer	24
	15:14	15:14	30:14	15:00	44:29	14:15	58:28	13:59
25 EZ Carnegie "B"	Peter Morrison	32	Steven Ogg	25	Kevin Clark	27	Iain Taylor	25
	14:22	14:22	28:51	14:29	43:48	14:57	58:49	15:01
26 Dundee Hawkhill "B" (V)	Matthew Strachan	31	Charles Haskett	28	John Hepburn	25	Brian Cook	26
	14:17	14:17	28:57	14:40	43:40	14:43	58:53	15:13
27 Lothian RC "B"	David Godfree	41	Ross Milne	29	Andreas Merdes	28	Robert Lee	27
	14:41	14:41	29:08	14:27	43:50	14:42	59:00	15:10
28 Shettleston Harriers "B"	Ian Johnston	21	John Mackay	24	Peter Carton	26	Graham Wight	28
	13:58	13:58	28:49	14:51	43:46	14:57	59:11	15:25
29 Gala Harriers "A"	Ron Logan	36	Mark Bryson	39	Euan Jardine	34	John Borthwick	29
	14:35	14:35	30:04	15:29	44:29	14:25	59:20	14:51
30 Calderglen H "A"	Blair Matthew	34	Jamie McMonagle	47	Martin Duthie	38	Alan Derrick	30
	14:30	14:30	30:20	15:50	45:00	14:40	59:25	14:25
31 EZ Carnegie "A" (V)	Robert Milton	49	Ian Stewart	35	John Lambie	31	Andrew Hunter	31
	15:16	15:16	29:46	14:30	44:13	14:27	59:43	15:30

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32 Falkirk Victoria H "B"	Stephen Moore	30	Eric Donaldson	33	Duncan McGougan	29	Neil Robertson	32
	14:17	14:17	29:19	15:02	44:07	14:48	59:57	15:50
33 Metro Aberdeen "A" (V)	Mike Simpson	40	Peter Jennings	43	Keith Farquhar	30	Gary Walker	33
	14:41	14:41	30:15	15:34	44:11	13:56	1:00:01	15:50
34 Hunters Bog T "A"	Jon Rathjen	74	Steven Cairns	40	Alistair Hart	24	Billy Minto	34
	16:11	16:11	30:08	13:57	43:30	13:22	1:00:07	16:37
35 Fife AC "B"	Ian Overton	44	Brian Cruickshank	44	David Ovens	41	William Spates	35
	14:56	14:56	30:16	15:20	45:21	15:05	1:00:18	14:57
36 Greenock Glenpark "B"	Douglas Campbell	42	Andrew Morrison	37	Daniel McLaughlin	40	Kenneth Scott	36
	14:46	14:46	29:52	15:06	45:21	15:29	1:00:32	15:11
37 East Kilbride AAC "A"	Grant Baillie	27	David J. Condra	31	Ralph Riach	35	Graeme Haddow	37
	14:08	14:08	29:13	15:05	44:46	15:33	1:00:33	15:47
38 Ayr Seaforth "A"	Alex Allardyce	37	Colin Souter	32	Peter Laing	39	Laurence Baker	38
	14:35	14:35	29:14	14:39	45:04	15:50	1:00:35	15:31
39 Kilbarchan AAC "B"	Thomas Anderson	29	John McMillan	23	Steven Hards	36	Donald Petrie	39
	14:11	14:11	28:44	14:33	44:46	16:02	1:00:38	15:52
40 Giffnock North "A"	Darren Malin	35	Frank Cooper	38	Gerard McNamee	42	Marc Roper	40
	14:34	14:34	29:58	15:24	45:26	15:28	1:01:10	15:44
41 Victoria Park AAC "B"	Derek Watson Snr.	43	Philip Carter	46	Andrew Nicoll	44	Duncan Thomson	41
	14:50	14:50	30:20	15:30	46:04	15:44	1:02:24	16:20
42 Bellahouston H "A"	Campbell Joss	57	David Boal	50	Graeme Gemmell	45	Colin Scott	42
	15:34	15:34	30:50	15:16	46:18	15:28	1:02:30	16:12
43 Irvine AC "B"	Tony McKnight	53	Andrew Rennie	41	Colin Miller	43	Finlay Dowell	43
	15:28	15:28	30:13	14:45	45:54	15:41	1:02:51	16:57
44 Gala Harriers "B"	Fergus Johnston	38	Graham Capper	52	Alistair Laurie	51	George Runciman	44
	14:37	14:37	31:01	16:24	47:10	16:09	1:02:59	15:49
45 Dundee Hawkhill "C"	Stephen Mason	54	Alan Wilson	51	Pete Fox	47	Eddie Holmes	45
	15:30	15:30	30:59	15:29	46:22	15:23	1:03:01	16:39
46 Metro Aberdeen "B"	Duncan Wood	91	Craig Stewart	66	John Lenehan	58	Gary John Matheson	46
	17:25	17:25	32:21	14:56	47:55	15:34	1:03:02	15:07
47 Ron Hill Cambus "D"	Alistair Campbell	24	Bernard Gough	36	Alexander Eaglesham	37	Ian Gordon	47
	14:05	14:05	29:46	15:41	44:56	15:10	1:03:04	18:08
48 Calderglen H "B"	Stuart Gibson	56	Graham Allan	48	Alan Cullie	46	Gerard Mullen	48
	15:32	15:32	30:45	15:13	46:21	15:36	1:03:11	16:50
49 Perth Road Runners "B"	Derek Phillips	66	Neil Muir	64	Stuart Moran	57	Jim Scanlan	49
	16:02	16:02	32:06	16:04	47:54	15:48	1:03:15	15:21
50 Westerlands CCC "A"	Brian Bonnyman	45	Marc McColl	56	David Calder	48	Charles Campbell	50
	15:05	15:05	31:14	16:09	46:33	15:19	1:03:37	17:04
51 Standard Life "A"	Derek Small	61	Bruce Hall	60	Bruce Smith	50	David Gibson	51
	15:45	15:45	31:43	15:58	47:05	15:22	1:03:37	16:32
52 Corstorphine AAC "D" (V)	Paul O'Brien	62	Graeme Fletcher	61	Martin Caldwell	55	Iain Cumming	52
	15:45	15:45	31:48	16:03	47:52	16:04	1:03:52	16:00
53 Garscube H "A"	Benny McLaughlin	73	Robert McLennan	57	David Geddes	60	Lindsay Cunningham	53
	16:11	16:11	31:22	15:11	48:00	16:38	1:03:53	15:53
54 Fife AC "C"	Michael Mitchell	19	Bryce Aitken	34	Ian Poolman	49	Nigel Fowler	54
	13:54	13:54	29:20	15:26	46:39	17:19	1:03:55	17:16
55 JW Kilmarnock "B"	Stewart McAllister	46	John Docherty	59	David Mitchell	54	Jim Goldie	55
	15:13	15:13	31:31	16:18	47:36	16:05	1:04:10	16:34
56 Lothian RC "C" (V)	Alan Shanley	59	John Ewing	75	James Lang	68	Harry Mulholland	56
	15:43	15:43	33:17	17:34	49:25	16:08	1:04:15	14:50
57 Central AC "C"	Robert Hutchison	52	Craig Walker	49	Robert Stott	52	John Millar	57
	15:27	15:27	30:49	15:22	47:13	16:24	1:04:34	17:21
58 Falkirk Victoria H "C"	John Martin	63	Robin Mcnelis	63	William Higgins	62	Paul McKerracher	58
	15:51	15:51	32:00	16:09	48:24	16:24	1:04:38	16:14
59 Inverclyde AC "C" (V)	Terry Wilkie	65	Gerard Gaffney	45	John Bannister	53	Robert Shaw	59
	15:57	15:57	30:17	14:20	47:29	17:12	1:04:41	17:12
60 City of Edinburgh "B" (V)	Colin Cable	60	Brian Howie	67	Garry Robertson	59	Jonathan Whitehead	60
	15:45	15:45	32:25	16:40	47:58	15:33	1:04:43	16:45
61 Pitreavie AAC "B"	Barry Davie	48	Peter Coleman	53	Archibald Duncan	61	David Candlish	61
	15:14	15:14	31:05	15:51	48:05	17:00	1:04:47	16:42
62 Shettleston Harriers "C"	Ian Lewis	39	Allan Sneddon	54	Andrew McIntyre	56	Kenneth McClean	62
	14:37	14:37	31:07	16:30	47:53	16:46	1:04:50	16:57
63 JW Kilmarnock "C"	Graham Cairns	67	John Gebbie	65	Roderick Pugh	63	Eric Dickson	63
	16:06	16:06	32:12	16:06	48:33	16:21	1:05:01	16:28

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64 Lasswade AAC "A"	Neil Rutherford	70	Ben Mitchell	58	Paul Elliot	64	Dean Philip	64
	16:06	16:06	31:23	15:17	48:45	17:22	1:05:06	16:21
65 Ayr Seaforth "B"	Iain Baird	83	Francis Napier	85	Adam Mackie	73	Cameron White	65
	16:54	16:54	34:24	17:30	49:46	15:22	1:05:15	15:29
66 Motherwell & Dist "A"	James Dobbie	90	Nicholas Hughes	81	John Hughes	69	Brian McLinden	66
	17:25	17:25	33:47	16:22	49:30	15:43	1:05:45	16:15
67 Gala Harriers "C"	Struan King	96	Martin Clarke	93	Robin Murray	77	Graham Pogson	67
	17:52	17:52	35:30	17:38	50:59	15:29	1:06:22	15:23
68 Greenock Glenpark "C"	Ernest Currie	81	Norman Hay	80	Alan O'Rourke	70	Andrew MacLean	68
	16:35	16:35	33:27	16:52	49:34	16:07	1:06:48	17:14
69 Giffnock North "B" (V)	David McNab	77	James Galbraith	69	David Rodgers	71	George Taylor	69
	16:28	16:28	32:37	16:09	49:38	17:01	1:07:53	18:15
70 Ferranti AAC "A" (V)	Walter Fairnie	71	Trevor Ridley	62	Keith Weston	66	Matt Bankhead	70
	16:06	16:06	31:50	15:44	49:20	17:30	1:08:17	18:57
71 Kirkintilloch Oly "B"	Neil McCover	79	Robert Rogerson	76	Craig MacWilliam	74	Gordon McLean	71
	16:32	16:32	33:19	16:47	49:52	16:33	1:08:22	18:30
72 Wee County H "A"	Sidney Pask	69	Gordon McNeil	82	Trevor Andrews	83	Kevin Kelly	72
	16:06	16:06	34:12	18:06	51:45	17:33	1:08:55	17:10
73 Clydesdale Harriers "B" (V)	Pete Cartwright	82	Peter Rudzinski	79	Robert Young	67	Brian.K.E Edridge	73
	16:36	16:36	33:24	16:48	49:22	15:58	1:09:10	19:48
74 Victoria Park AAC "C"	Alan Hamilton	84	Andrew Ross	71	Kenneth McVey	76	Robert Daly	74
	16:56	16:56	32:52	15:56	50:34	17:42	1:09:20	18:46
75 Giffnock North "C"	Rob Grant	86	Graeme Hoey	86	Alan Wyllie	82	Martin Myant	75
	17:03	17:03	34:24	17:21	51:37	17:13	1:09:29	17:52
76 City of Edinburgh "C"	Andrew Gibson	58	Andrew Griffiths	68	Stuart Lamb	75	Eric Stevenson	76
	15:37	15:37	32:29	16:52	50:31	18:02	1:09:32	19:01
77 Springburn Harriers "A"	Joseph Chambers	64	Edward Dickson	74	Robert Young	80	Alan Hill	77
	15:55	15:55	33:16	17:21	51:20	18:04	1:10:49	19:29
78 Wee County H "B"	Peter Dunn	99	Jonathan Woods	90	Mike Thomson	85	Derek Killin	78
	18:19	18:19	35:06	16:47	53:24	18:18	1:10:52	17:28
79 Motherwell & Dist "B"	Patrick Mullen	92	Paul Harkins	95	Richard Hughes	86	David McManus	79
	17:30	17:30	35:35	18:05	53:53	18:18	1:11:56	18:03
80 Ferranti AAC "B"	Paul Caban	88	Jim Leach	91	Alex Bell	88	Mike Connor	80
	17:17	17:17	35:11	17:54	54:43	19:32	1:12:04	17:21
81 Calderglen H "C"	Roderick Shanks	95	Jim Holmes	89	Andrew Henderson	84	George Haining	81
	17:38	17:38	34:51	17:13	53:08	18:17	1:12:19	19:11
82 Giffnock North "D"	Steven Campbell	89	Alan Stewart	92	John Walker	89	David Logan	82
	17:22	17:22	35:16	17:54	54:47	19:31	1:12:27	17:40
83 Fife AC "D" (V)	David Bee	100	Ronald William Mill	98	Douglas Gunstone	91	Chris Clark	83
	18:24	18:24	38:14	19:50	56:29	18:15	1:15:17	18:48
84 Penicuik Harriers "A"	Colin Graham	101	Michael Browne	99	Kenneth Graham	92	Robert Walker	84
	18:35	18:35	39:04	20:29	57:19	18:15	1:15:25	18:06
85 Fife AC "E" (V)	Alastair Robertson	102	Frank McLaren	97	Gary Barker	94	Andrew Barker	85
	19:56	19:56	37:41	17:45	58:19	20:38	1:15:38	17:19
86 Westerlands CCC "B" (V)	Gibson Fleming	85	Archie Cameron	83	Ian Struthers	90	Graeme Orr	86
	17:00	17:00	34:18	17:18	54:48	20:30	1:15:53	21:05
Teviotdale Harriers "A"	Darrell Hastie	23	Wayne McIntosh	27	Colin Welsh	32		
	14:03	14:03	28:55	14:52	44:25	15:30		
Inverclyde AC "B"	Robert Gray	76	Kenneth Morrison	72	Mitchell Guthrie	65		
	16:28	16:28	32:53	16:25	49:12	16:19		
Aberdeen AAC "B"	Keith Charlton	75	Neil Murdock	84	Richard Wainford	72		
	16:15	16:15	34:20	18:05	49:42	15:22		
East Kilbride AAC "B"	Gordon Colvin	93	Mark Smith	87	Derek Leitch	78		
	17:33	17:33	34:30	16:57	51:09	16:39		
Corstorphine AAC "C"	Martin Hulme	51	David Henderson	70	John O'Hara	79		
	15:23	15:23	32:48	17:25	51:13	18:25		
Garscube H "B" (V)	Peter McGlynn	72	Ian Mennie	77	Stephen Cullen	81		
	16:06	16:06	33:20	17:14	51:34	18:14		
Central AC "D"	Derek Easton	78	Roger Greenaway	88	William Gault	87		
	16:31	16:31	34:39	18:08	54:16	19:37		
Calderglen H "D"	Russell Couper	98	Charles Steven	94	Colin Macdonald	93		
	18:04	18:04	35:33	17:29	57:45	22:12		
Strathclyde Uni "A"	Adam Lee	33	Martin Fitchie	30				
	14:23	14:23	29:12	14:49				

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Ron Hill Cambus "E"	John McPake	55	Matthew Murphy	55
	15:30	15:30	31:11	15:41
Bellahouston H "B"	Iain Burke	80	Anthony Quinn	73
	16:34	16:34	32:57	16:23
EZ Carnegie "C" (V)	Ian Johnston	50	Thomas Bowie	78
	15:23	15:23	33:21	17:58
Kirkintilloch Oly "C"	Colin MacLennan	97	Jim McLoone	96
	18:00	18:00	37:01	19:01
Greenock Glenpark "D"	Richard Hodelet	103	Thomas Knight	100
	22:21	22:21	42:11	19:50
Kilbarchan AAC "C"	David Mewse	68		
	16:06	16:06		
Inverclyde AC "D"	Cameron Spence	87		
	17:11	17:11		
City of Edinburgh "D"	Scott Innes	94		
	17:36	17:36		
Irvine AC "C"	Iain Fraser	104		
	25:24	25:24		